

The Quince Orchard **Prowler**

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15800 Quince Orchard Road

An AP Signature School

Parents file in as students for back to school night

By **DANIEL FISHBACK**

Viewpoints Managing Editor

Back to School Night was held on Thursday, September 23 at Quince Orchard High School. Parents replaced teenagers and walked through their students' schedules in an effort to get to know the year's new teachers.

Parents arrived as early as 6 pm, greeted by Booster Club members, SGA representatives, and fellow parents selling spirit wear, sports guides, and other items. Eric Konecke, parent of junior Jessica and freshman Perry Konecke, said, "the spirit wear tables had the longest lines, by far."

Along with parents, teachers and administrators made their way through the crowd, preparing rooms for the incoming rush of parents. Among the teachers and administrators was Vice Principal Charles Banks, in his twelfth Back to School Night at QO. "In one of the rooms I was walking by, I noticed the teacher had written 'Parents will be able to:' instead of 'students', so I thought that was interesting."

At 7 pm, more parents began to stream in. Freshmen parents took seats in the auditorium to watch a presentation about the school and the opportunities to become involved in Booster Club and PTSA activities. After the video, parents were directed to use their student's schedules and make their way to first period.

"There were SGA representatives out in the hall and we teachers were helping with directions as much as possible, but I'm just as new to the school as some parents, so I don't know how much help I was," said Jennifer Yang, APNSL teacher. After some difficulty, parents finally met the subjects of their children's raving or complaining. "It's good to meet who [our] kids are talking about," said Konecke. Parents made their way to each class, learning a little more about locations of classes after each period. The same was true for teachers, as they began to learn more about the home lives of their students.

"[Back to School Night] is good for me so I can meet the parents, as well as get a feel for the type of support system the child has at home," said Corey Simko,

an art teacher in his tenth year at Quince Orchard. At 9:15, seventh period came to a

close, and parents walked to the parking lot after a full, fun-filled Back to School Night.



PHOTO BY TEDDY MEYERS

PARENTS IN SCHOOL: Parents sit in with their child's math teacher, Paul Foringer.

Seniors found success during homecoming courtyard games

By **SUMMER SIDDIQUI**

News Editor

The homecoming courtyard games of 2010 took place during lunch, Monday September 27 through Friday October 1. The seniors won the competition with a total of forty-four points.

Senior Amy Frieder, the SGA president said, "At the end of the year, the SGA holds an assembly during which students vote for the games." The courtyard games are daily competitions in which each grade level participates. "This year students participated in batspin, water balloon dodgeball, tug of

war, soda chug, and pie eating relay. The first game was batspin. The seniors and sophomores each earned eight points, freshmen six, and juniors came last.

About the competition, junior class president, Michaela Peterson said, "The batspin was fun to be in but super competitive." The

seniors also came first in the tug of war, earning ten points. The freshmen, sophomores, and juniors tied for second with six points.

Sophomore, Lauren Holdsworth said "I knew the seniors would win. They always win tug of war."

Water balloon dodge ball was

added this year to the courtyard games. Sophomores and juniors came in first with ten points, seniors came in second with eight and freshmen were last with five points.

The pie eating relay was on Thursday. Juniors won the competition with ten points, seniors came in second with eight, sophomores came in third with six points and freshmen came in fourth with four points.

Peterson said, "Participating in the pie eating competition was a lot more fun because I helped my class get first place."

The soda chug took place Friday. Seniors came in first with ten points, juniors second with eight, then sophomores third with four, and freshmen last with six.

Frieder said, "The senior class expects to win every year because they feel that they deserve it, as the oldest students." At the end of the week all the scores were counted and seniors took first place with forty four points, juniors second with thirty five, sophomores third with thirty four, and freshmen came last with twenty seven points.



PHOTO BY AMY CORSON

QO TEAMWORK: Senior girls competed in the tug-of-war competition during spirit week while dressed in pink for "Battle of the Sexes day."

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In memorium: remembering three unforgettable Cougars



PHOTO FROM FACEBOOK.COM

Justin Dorsey
December 1, 1992- June 28, 2010

Justin Dorsey was a gentle, but kind student who completed his junior year at Quince Orchard and finished his days at Edison. He went to Edison to study mechanical engineering, and in his free time he liked to study cars.



PHOTO COURTESY OF THE KARGBO FAMILY

Adiatu Kargbo
January 15, 1994 – August 19, 2010

Adiatu Kargbo was a beautiful, bright young woman who had just completed her sophomore year at our school. She came from a close knit family and loved life. She loved to dance, to listen to music, and to cook.



PHOTO COURTESY OF THE OOHs PTSA

Nicole Sumner
August 25, 1957- August 23, 2010

Nicole Sumner taught mathematics and computer science at Quince Orchard for many years. She was loved by both students and faculty, and she will be remembered for inspiring many of her students.

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New parking policy enforced for students

By **JULIA SHAPIRO**
News Managing Editor

September 27 marked the start of a new policy regarding parking on school grounds. This year students may only park in the front lot. The new policy will limit parking in the back to staff members only, and will be in place indefinitely because of its positive results so far.

Students are all required to park in the front lot so security officers, like Theron Johnson can "... get a better visual," said Johnson. "It is to make sure kids don't try to sneak



PHOTO COURTESY OF CHRIS BRIDGENS

TRAFFIC JAM: The morning traffic line past the intersection of Riffleford Road and Darnestown Road.

in [late], 'cause y'all are sneaky," he said. "It's to control coming and going to and from your vehicle," added security officer Mark Harding.

If a student is caught parking in the back lot, the student will be issued a ticket of \$15.00. If the fine is not paid, the student's car will be towed.

For many students, like senior musician

Alex Bauer, parking in front creates conflict. "I'm involved in marching band and playing music for the musicals, so parking close to the music wing was convenient... I understand the security issues that can occur with people using the back door, but the few times I have been late, I found that the back doors are already locked."

However others, like senior Haley Yazge

and junior Abby Moran, don't mind the new policy so much. "I've always parked in the front lot," said Yazge. "However, traffic in the parking lot is already crazy."

"It does make the front lot really crowded," said Moran.

The security guards said this policy will stand until further notice, as long as it continues to work.

J³ Commentary

By:
JIAJIA JIANG
JEN COLE
JEFF KURKJIAN
Editors-in-Chief

The start of the school year signals the beginning: new school supplies, new teachers, and new drivers. And as recently licensed drivers, we came into the school year brimming with excitement, keys in hand; finally ready to conquer the school as seniors. But the recent parking policy change has put a damper on our spirits like the rain during spirit week.

Administrators informed students that they were banned from parking in the back lot as a way to alleviate traffic coming into school and to minimize the number of students skipping class. The back parking lot makes it easier for inconspicuous students to sneak out of the building during class. Clearly security does need to solve this issue, but by other means. The influx of student drivers in the front will only make the situation worse. If traffic in the front was always bad, then logic says that it will only get worse when 50 more cars are added to the stream in the front. What used to be a five minute line to the entrance can now last for 10 or maybe even 15 minutes. Yet the administrators and security are still enforcing the tardy policy as tightly as ever, giving students little or no leeway for being stuck in traffic.

It's not only frustrating for parents and students, but also unfair to expect students to arrive to school on time when such conditions prevent them from doing so. Schedules have to be changed, routes have to be recalculated, and carpools need to be reevaluated all so that everyone can park in the front. But the main reason for the change was because too many students managed to leave school through the back during the school day without permission. While it's understandable that security often has issues with students skipping class by going to their cars in the back lot, everybody shouldn't suffer the repercussions. In previous years, parking in the back was unproblematic. If there was any issue, then that student was personally punished. But the change in the policy is punishing everybody now- both the drivers in the back and the drivers already parked in the front.

Only time will tell the results of this change. Will life eventually get easier for everyone? Or will traffic continue, and students continue to be late? For the sake of everyone's safety and happiness, let's hope the administration will restore the old policy. We predict tardies will decrease and accidents will be prevented. But if not, and the administration does see positive results, then students will have to adapt to the policy change.

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New teachers help students start off the school year

By **CORI FINGERET**
News Managing Editor

As students returned to Quince Orchard High School on Monday, August 30, to start another school year, QOHS opened its doors to the new freshman class as well as 14 new teachers.

The new teachers have joined the world language, science, health/physical education, arts, English, and special education departments. A familiar face belongs to Annika Wiersma, a graduate of the University of Wisconsin, who was a

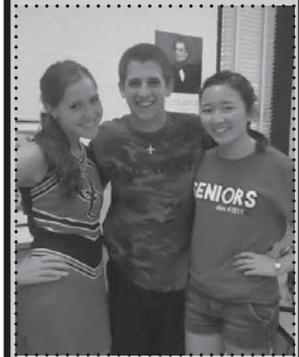
student teacher of honors chemistry last year. Wiersma, who now teaches both chemistry and matter and energy said, "Student teaching here [at QOHS] helped prepare me for this year." Wiersma, currently studying to earn a masters in education at George Washington University, said "the year is going quite well."

Deborah Reese, a graduate of Dickinson College, is currently teaching Spanish levels one and two. While enrolled at Dickinson, Reese earned a degree in Spanish. She holds a masters degree from the University of Maryland and the University of Phoenix in curriculum/ instruction, and

human development. When Reese is not in school, she says, "I can be found hanging out with my dogs and family, or I could be found at the [QOHS] soccer games."

Brook Franceschini, a graduate of Lock Haven University in Pennsylvania, teaches honors health and physical education. Along with teaching, Franceschini is hoping to get involved in other extra-curricular activities. "I am looking forward to coaching the field hockey and softball teams this year," said Franceschini.

With the new additions to the QOHS staff, the school year has kicked off to a great start.





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Cougars exemplify pride in annual homecoming festivities



By **KELLY BAICK and GRACE TOOHEY**

Between finding a date, dressing up for spirit week, and participating in courtyard games, it can be easy to forget about working on the Homecoming corners and floats. Luckily all of our classes this year were able to prove otherwise; and their commitment really paid off.

Being that this year's Homecoming theme was board games, the seniors chose Candyland, the juniors Monopoly, the sophomores Life, and the freshmen Clue. Two weeks ago, many students came to participate in corners night on Thursday, helping set up and make last minute fix-ups to their class's corner in the gym from 3 o'clock to 9 o'clock. Then, on the following Friday, students came to put together their class float for the annual Homecoming parade. These two nights started our most dedicated and creative students.

Accomplishing all these creations was quite an undertaking. Every class used Facebook and mass text messaging to invite fellow class members to come help out at their homecoming meetings. The seniors began planning for their corner and float

in early July, spending many hours making detailed plans and maps. Using plywood, 2x4's, paint, and spray styrofoam, they were able to make their plans come to life. Instrumental in the building throughout the summer, was senior Hannah Buehler. "I think Candyland was a great theme," she shared, "but to be honest, I think the other classes got ripped off." Not everyone felt this way, though. Junior class president Michaela Peterson said, "I feel like each class was given a theme they could represent, and I especially enjoyed Monopoly!" To make their corner, a huge Monopoly board, juniors used paper maché, plywood, paint, chicken wire, and foam board. Junior Sabrina Szymczak, who hosted the junior class's work at her house, said, "I liked bringing one of my favorite childhood games come to life!" The sophomores started work on their corner as early as the second week in July, but still, class president Paul Weiss said, "The week before corners night we worked every day after school. That's crunch time!" The sophomores mainly built their objects out of foam board, and some wood. Since the freshmen recently elected class officers, they began work in late August, leaving them with a little more than a

month to get all their work done. To accomplish this, 4th Vice President, Johnny Jung went out to local stores to collect supplies, including paint, wood and cardboard boxes. To ensure lots of hands would come out to work, Jung said, "We left our Facebook group open to anyone so a lot of people could get involved."

After weeks of planning, preparation, and perspiration, each class definitely held their own. Corners results are as follows: the seniors placed first, juniors in second, sophomores in third, and freshmen in fourth. The freshmen did exceptionally well, only three points behind the sophomores. "I think we did a lot better than everyone expected!" said freshmen class president Becca Carver. Also pleased with the outcome was senior class president Jeff Kurkjian. "I believe that this year the senior class stepped it up enormously, and the judges' scores reflected each corner very well," he said. The juniors were a mere six points behind the seniors; "I am so proud of all the corners, everyone did such a great job. I can't wait until next year!" said Peterson. After tight competition, and many long days at work, the finished corners and floats were a definite victory for every class.



PHOTOS COURTESY OF AMY CORSON, GILLIAN DANICK, BRADY MILLER AND SABRINA SZYMCAK.

Cougar football raises money for a cure alongside rival Damascus

By **KELLY BAICK and GRACE TOOHEY**

For Quince Orchard High School's first home football game, the Red Army came out to support more than their beloved football players. Teaming up with rival Damascus, both communities worked together to raise money and awareness for the Juvenile Diabetes Research Foundation (JDRF).

Dave Mencarini, head coach of the QO football team, came up with the idea to raise money by selling t-shirts a few months after his daughter, Courtney Mencarini, was diagnosed with Type 1 Diabetes. After joining forces with Sarah Schlenker, sponsor of the Diabetes Awareness Club and science teacher at QO, Mencarini began getting the word out about selling the shirts. He utilized his connections by contacting media such as the *Washington Post* and NBC 4. Mencarini decided to use the QO, Damascus football game because he knew the hype of the game would not only draw numbers, but also donors. The shirts feature a QO and Damascus football helmet, and reads, "Two Rivals Fighting for a Cure". Mencarini also worked to get Damascus involved in this fundraiser, creating a sales competition between the two schools. "Both the QO and Damascus football programs have so much support, I had a feeling this would be a successful fundraiser."

Schlenker, just like Mencarini's daughter, was diagnosed with Type 1 Diabetes at the age of eight. This life-changing diagnosis has affected both of their lives. "We have had to make a lot of sacrifices, and are constantly learning

about the disease," Mencarini explained. "My diagnosis forced me to become responsible," said Schlenker. "If you don't take care of yourself, in the long run, it will hurt." To Mencarini and Schlenker, the fundraiser meant more than just raising money; it was a step forward to discovering a cure.

Last spring Schlenker started the Diabetes Awareness Club not only to raise awareness, but also to teach students about the disease. Since then, the club has taken off. "We went from six members last spring and now we have about forty-five members,"

said Schlenker. The club educates the community about the effects of diabetes, how to deal with diabetes, and the difference between Type 1 and Type 2 diabetes. The club has planned another fundraiser during October, selling long-sleeved black T-shirts that can be ordered in room 340!

The success of fundraising before and during the football game spoke for itself. "We made over 2,000 dollars for the JDRF. I am very pleased," said Mencarini. Varsity, as well as junior varsity, football players helped to sell the shirts at lunch.

Sophomore James Faucett bought a shirt, "I liked the design, and I wanted to support the cause." Schlenker was also surprised at the success. "The shirts were sold out before the game even started!" she added.

Junior Kimmy Niro also bought a shirt and felt that, "It was great that so many QO students participated." The Damascus community was also very generous, and their SGA donated quite a bit of money. Despite the painful loss to Damascus, both the communities were still able to come together to support a higher cause.



PHOTOS BY AMY CORSON

TALK ABOUT FALL FASHION: Cougars can flaunt their spirit as well as their kind hearts while sporting this diabetes logo on their t-shirts.



Red Army revamps, troops stronger than ever

By JILLIAN APLAN AND
EMILY WINGATE

Features Associates

The Red Army has a reputation for being the best student section in the county, turning out colossal amounts of spirit at each and every game. Every year the legend continues, and each year it gains more ground.

“The new red army is everything it was, and more,” said senior Taylor Corydon. The fans are there, the support is there, and the talent is there. And this year the stadium has the looks to match this intensity with the incorporation of a tall, commanding sign that will undoubtedly let the opposing team know whose house they are entering. The stadium has also incorporated a new scoreboard. In addition, the Red Army has taken their spirit and attire to the next level, introducing new camouflage t-shirts and cheers.

Senior Kenny Mennie, however, is not interested in the changes stopping there, “I plan on being the loudest and deepest Red Army ever at QO and everyone needs to contribute to accomplish that goal.”

New Red Army members, freshmen, have immediately taken notice of the intensity and rivalry that takes place

at the Cougar Dome. “The feeling of the bleachers vibrating from all the stomping feet and all the yelling and excitement just gave me goose bumps and made the hairs on the back of my neck stand up,” said freshman Parsa Afsharjavan.

Expectations are high for these underclassmen to help maintain the Red Army’s consistently “loud, classy, and fresh to death student section,” according to senior Jensen Packianathan.

Attending the football games has always been a way for students at Quince Orchard High School to come together

for one common cause, “to show that we are the best,” said Corydon.

“We always support our classmates, we are respectful, and nobody is louder than us,” added Mennie. Seniors have high hopes for this year and nothing will get in their way of making the new Red Army the best one yet.

“The class of 2011 will leave the legacy of being the best leaders and best Red Army ever to come through QO,” said Corydon. As the season continues, freshmen and senior alike have their eyes fixed on the prize: Raven’s Stadium.

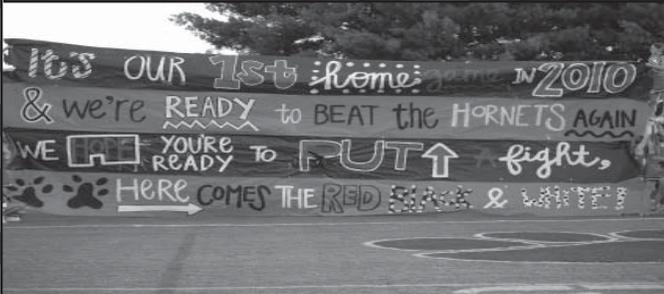


PHOTO BY AMY CORSON

SALUTE THE TROOPS: Seniors Eric Simon, Sean Holliday, and Andrew Korol show their Red Army spirit by leading cheers and always coming decked out in red to games.



THE RED ARMY WANTS YOU!





MTV 2010 Video Music Award was an entertaining success

Recording artist Lady Gaga nominated 13 times in a diverse field of artists

BY MALACHI JEAN

Cougar Focus Managing Editor

	AWARD	WINNER	SONG NAME
	VIDEO OF THE YEAR	LADY GAGA	"BAD ROMANCE"
	BEST MALE VIDEO	EMINEM	"NOT AFRAID"
	BEST FEMALE VIDEO	LADY GAGA	"BAD ROMANCE"
	BEST NEW ARTIST	JUSTIN BIEBER	"BABY"
	BEST POP VIDEO	LADY GAGA	"BAD ROMANCE"
	BEST ROCK VIDEO	30 SECONDS TO MARS	"KINGS AND QUEENS"
	BEST HIP HOP VIDEO	EMINEM	"NOT AFRAID"
	BEST DANCE MUSIC VIDEO	LADY GAGA	"BAD ROMANCE"
	BEST COLLABORATION	LADY GAGA AND BEYONCE	"TELEPHONE"
	BREAKTHROUGH VIDEO	THE BLACK KEYS	"TIGHTEN UP"
	BEST DIRECTION OF A VIDEO	LADY GAGA	"BAD ROMANCE"
	BEST CHOREOGRAPHY IN A VIDEO	LADY GAGA	"BAD ROMANCE"
	BEST SPECIAL EFFECTS IN A VIDEO	MUSE	"UPRISING"
BEST ART DIRECTION IN A VIDEO	FLORENCE AND THE MACHINE	"DOG DAYS ARE OVER"	
BEST EDITING IN A VIDEO	LADY GAGA	"BAD ROMANCE"	
BEST CINEMATOGRAPHY IN A VIDEO	JAY-Z AND ALICIA KEYS	"EMPIRE STATE OF MIND"	

PHOTOS COUTERSY OF EN.WIKIPEDIA.ORG

VIDEO MUSIC AWARDS WRAP-UP: MTV's Video Music Awards aired on September 12, at Nokia Theatres in Los Angeles. Lady Gaga received 13 nominations; ten for "Bad Romance" and three for "Telephone", becoming the most-nominated artist in VMA History and the first female artist to receive two nominations for the "Video of the Year" award.

As fall comes, sweaters appear, Facebook takes over box office

Fall Fashion facts help Cougar style Popular networking site turns to movie

BY JEN COLE

Editor-in-Chief

As the leaves begin to fall and the early mornings become cooler each day, there's no denying that summer is officially over. Though hesitant, we must put away the flip flops and shorts and replace them with some season-appropriate apparel.

Everyone at Quince Orchard has his or her own style; from pink pants to sweater vests. However there seem to be a few trends that have gained much popularity lately. (Disclaimer: the statements below are not aimed at offending or insulting any student, and are merely suggestions that should be taken lightly--unless that is, you are currently wearing high waters and an argyle sweater, in which case you should take note.)

A common staple that will always be in (no matter what the season may be) is making an even greater comeback than ever. Yep, you guessed right: it's all about the jeans. Skinny jeans, boot-cut jeans, jeggings, dark jeans, light jeans, destroyed jeans, jean shirts, jean jackets and jean vests. Jeans are making a comeback to the runway.

Wear them any which way you like, but be careful not to mix two similar shades, or else you'll be sporting a jean jumpsuit. Yikes!

To go along with jeans, one may be wondering what patterns and designs are most in for fall. All the patterns break down to one amazing pattern: leopard. Leopard has definitely come back after two years in hibernation, but in a more subtle, less overwhelming way.

Leopard accessories like sweaters, gloves, and shoes are a must-have this season, which means that you can bring the animal out of you while looking stylish.

Lace has also been spotted recently on many tunics, crop tops, dresses, and skirts. Though we all wish there wasn't a phrase like "school-appropriateness," make sure to wear something under your lace like the infamous bandeau (aka a strapless, colored, cropped, tube top).

Finally, the pattern that seems to be overruling: stripes. In style for both girls and guys, stripes appear on t-shirts, tank tops, blouses, polos, sweaters, and sweatshirts.

To accompany any new trendy outfits, the right accessories are imperative.

Boots are the one accessory that is a must-have for fall. Leather, suede, buckles, zippers, ankle boots, knee high boots, thigh high boots, cowboy boots (I think you get the picture), are all the perfect shoe for staying warm and looking fabulous.

Scarves, belts, leather jackets, and big jewelry are all accessories that continue to be popular this year too. Oh, and how could I forget? The cross body bag (messenger bag or satchel if you prefer) is what will be around everybody's shoulder this fall. The cross body bag comes in many different colors, fabrics, and styles, the cross body bag is one of the most functional trends because it's light weight and totally functional.

So as you're doing your fall and winter shopping, or just rummaging through your closet, hopefully the provided tips will be to some assistance for you. But remember, no matter what's on the runway or in the latest issue of *Instyle*, we all have our own style that gives us a sense of self-expression and confidence.

And one more thing, make sure to go to the nearest mall or clothing store and enjoy a shopping spree! And have fun!

BY SEWIT HAILE

Arts and Entertainment Managing Editor

Mark Zuckerberg's *The Social Network* premiered October 1 with 23 million viewers on its first weekend, telling the story of Mark Zuckerberg's socially awkward beginning which ended with 500 million friends.

Harvard student Mark Zuckerberg developed the social network site Facebook, on February 4, 2004. He originally created Facemash, a website where users compared girls and voted for the best choice. After much controversy from students, he created Facebook, a site used to make friends and see the profiles of fellow students.

The Social Network tells the story of Zuckerberg, and the events in his life that lead to the creation of Facebook. This movie also includes the different events that affected Zuckerberg's life and chronicles of how he created the multibillion dollar website. Actor Jesse Eisenberg portrays Zuckerberg, giving a fantastic performance.

Critic Ann Hornaday of the *Washington Post* said, "Eisenberg delivers a deceivably accomplished performance in the tricky role of Zuckerberg". Director David Fincher and along with Aaron Sorkin made this biography into a potential Oscar-winning movie. *The Social Network* is exciting and very relevant to the high school and college generation today. It's a way for people of all ages to "connect and share" according to Zuckerberg's Facebook page.

The movie explains that Facebook is so different from many other social networking sites because, Facebook allows members to connect in a 21st century style by uploading pictures, posting comments and updating statuses. Our generation spends hours in front of a screen, whether it's on Facebook or other sites.

Watch *The Social Network* and see how people's favorite site was created. The movie will keep viewers hooked for every second, just as a Facebook keeps members online for many hours of a day.



PHOTO COUTERSY OF WWW.FILMOFLIA.COM

FROM COMPUTER TO MOVIE: The Social Network had a wonderful cast and plot.



Cougars travel abroad experiencing different cultures

By **JULIANA SEGURA**
Cougar Focus Editor

As August came to a close, many Quince Orchard High School families took last minute trips to end their summer on a good note.

Junior Marissa Youngs traveled to the bonny country of Ireland during her summer break. The Youngs family visited two cities, Dublin and Cork. Marissa said, "Being in Dublin was great, the shopping was very fun, there were so many shops." Over the course of two weeks, Youngs was glad to visit every place she wanted to and she would love to visit again. "It was pretty and the city had a live atmosphere, it would be nice to return again," explained Youngs. She especially enjoyed all the people and loved the accents.

Just south of the United States, sophomore Madison Loucks and her dad took advantage of their summer and set sail for warm and beautiful Cancun, Mexico. Loucks had a remarkable adventure in Cancun. She was very thrilled with the vacation she took. "My best experience while on this trip was being able to cliff dive and swim with dolphins," said Loucks. Loucks visited an Eco-Friendly Water Park and an island called Margaritaville. Her favorite event was going the Water Park. "It was really fun. I had a nice time spending the day there," said Loucks. Because she was only there for a week, Loucks still had more she wanted to do at the end of her trip. "I really wanted to go to an island called Cosmo because it is absolutely pretty," she explained. She hopes one day to be able to travel back to Cancun because it was "beautiful and amazing."

Elsewhere, the sky was sunny, the water blue and the sand smooth. Junior Madeline Pardes and her family took a trip to the Dominican Republic on the island of Hispaniola. Her best experience while on the trip was, "being able to hang out with family more."



PHOTO BY TEDDY MEYERS

SUMMER TRIPS WERE A HIT: These QO students went to different parts of the world with their families for their summer vacation. From left to right; Angela Kuriacose, Katya Selinevich, Madison Loucks, Marissa Youngs, and Madeline Pardes.

She was able to spend more time with her cousins and sister, junior Samantha Pardes. Pardes and her family visited natural swimming pools, rode golf-carts, took a segway tour on the beach, and snorkeled. "These activities were different and interesting," says Pardes. Considering their short stay, she was still able to do everything she wanted.

After three years of waiting to visit her family that she hasn't seen in awhile, junior Katya Selinevich was able to do so. During the summer as she traveled to the marvelous country of Russia. Being in Russia for a full month, Selinevich's best experience was "being able to meet new people. They were so welcoming and very funny." Unlike in the

United States the kids in Russia are more independent and are able to do just about anything, whereas in the U.S. kids are to follow rules at all times. Selinevich also describes how people dress up for almost every outing. "Even if it's to go to McDonalds you see everyone looking fancy," added Selinevich. She would love to return and observe how New Years is celebrated because it is very different from our celebrations.

For sophomore Angela Kuriacose and her family, traveling to Australia, New Zealand, Germany and India for summer vacation was the highlight of their summer. Throughout Kuriacose stay in these countries, she and her family had many things to

do and places to see. For example, in Australia she toured Sydney and the Outback. During her stay in New Zealand, she visited the Northern Islands. In Germany, she took the time to explore Mannheim and Heidelberg. As for India, she traveled to Bangalore and Chennai. "I had such an amazing time traveling with my family," said Kuriacose. She would love to return to Australia. "The atmosphere was amazing, everyone was nice and the country overall was pretty," added Kuriacose.

Youngs, Loucks, Pardes, Selinevich and Kuriacose all hope to return to these exciting countries one day. They also hope to visit many more exciting places in the future.

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Spirit Week Half Day - Interims Homecoming Parade at 4 pm Varsity Football vs Northwood HS	Homecoming Dance 8 - 11 PM
3	4	5	Parent to Parent Meeting - College Application process for 9th and 10th graders	7	8	9
10	11	Greater Washington College Fair	PSAT for all underclassman	Advisory	NO SCHOOL	Marching Band Competition
17	Underclassmen Photos Makeups	19	20	21	Varsity Football at Seneca Valley	Marching Band Competition ACT Offcite
24 31 HALLOWEEN	25	26	SGA General Assembly	Advisory	29	30
					First Marking Period Ends	



CONGRATULATIONS TO THE FRESHMAN CLASS OF 2014 SGA OFFICERS!

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**Vice President: Megan
Dougherty**

**Secretary:
Lily Milwit**

**Treasurer:
Andrew Fink**

**Historian:
Dakota Burton**

**SGA 4th Vice President:
Johnny Jung**



PHOTO BY: GILLIAN DANICK

NEW FACES TO QO: The class of 2014 elected SGA officers. (From left) Vice President Meghan Dougherty, President Becca Carver, Treasurer Andrew Fink, and Historian Dakota Burton. (Not pictured) Secretary Lily Milwit and SGA 4th Vice President Johnny Jung. Good luck!

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Boys football works toward success in the 3A division

By **JEFF KURKJIAN**
Editor-In-Chief

With a united senior class and many hardworking underclassmen on the squad, the season looks promising for the Quince Orchard High School football team. Players hope to replicate the result of the 2007 season, by winning a state championship.

The boys have a tough schedule with a lot of strong teams to play, but the team is doing a lot to prepare. With this being their second year in the 3A Division, the team is now seeing the other 3A teams a second time. Coach Dave Mencarini said, "Last season, I coached against five teams I had never ever seen before... but this year, I've seen them and so have the boys."

In their first four games, the Cougars had a record of 3-1. The boys beat Kennedy High School in the season opener and then won in back-to-back weeks against Whitman High School, 12-7, and Northwest High School, 37-7. The second game of the season against Damascus, Quince Orchard's new rival school, was a very back-and-forth game.

The boys lost 27-23 at home to Damascus. It was a tough game for the Cougars; however, many of the players learned a valuable lesson in the loss. Senior captain Michael Chiang said,

"The loss helped us [focus] more on smaller mental mistakes that can be improved upon." Chiang and the rest of team seemed to take it as a source of motivation. "When we see [Damascus] in the playoffs, the outcome will be different because we will be even more prepared," Chiang added.

Junior Billy Plante seemed to take the loss pretty hard as well. "I almost cried along with some of my teammates," said Plante. Later in the season, against Northwest, Plante had two interceptions that he took back for touchdowns. "The loss against D-Mas was hard, but it pushed me to improve my game on the football field," Plante added.

Quince Orchard's Homecoming game was against Northwood High School. After a week of pep and spirit, the team won 36-6.

This year's quarterback, running back combination consists of seniors Drew Murphy and James McCallister. When asked about his relationship with McCallister, Murphy said, "[James] gives all that he's got every time he goes out there. The least I can do is equal that."

The boys on the squad are ready to face the tough 3A competition and are even more ready for the game against Einstein tomorrow night. Mencarini said, "We are working hard on the little things that will make us a great postseason team."



PHOTO BY AMY CORSON

HIKE! HIKE!: Cougar football prepares to run their offense against the Damascus High School Hornets.

Boys soccer prove themselves against the Poolesville Falcons

By **CRISTINA GARCIA**
Sports Associate

After an upsetting start to the season, the Quince Orchard High School boys soccer team is gaining hope after soaring over the Poolesville High School Falcons.

On September 29, the Quince Orchard High School boys soccer team took Poolesville High School by surprise beating them 6-0. "It's hard to come back after a devastating start to the season," said senior captain Cheick Keita, "but after working hard at practice we finally achieved our goal."

The team played a strong offense, easily maneuvering around the Falcons defense. Senior Justin Do helped pace the Cougars with his two assists. "I believe that our win against the Falcons was the start of us playing together as a team and realizing that the team's goals are more important than our own pride," added Keita.

Prior to their victory against Poolesville, the Cougars were on a four-game losing streak. The Cougars were playing close, tough games, but their lack of focus and team unity affected the final score. "Instead of working together as a team, a lot of players were focused on making themselves look good," said Do, "but once we started working together and keeping the intensity high the entire game, the rest came easy."

The team suffered a loss of 0-2 their first game against Bethesda Chevy Chase High School on September 7, then again on September 14 against Urbana High School. On September 20 the Cougars lost a close game 1-2 against the Rockville High School Rockets. "After a few tough losses in a row, we really wanted to come back and prove ourselves," added Do.



PHOTO BY AMY CORSON

GET HYPED: The boys giving their speech at the annual fall pep rally, getting the Red Army excited for the new season.

On September 24, the boys stepped up to play the defending state champions, the Clarksburg High School Coyotes. After playing hard against a physically and technically strong team, the boys lost a close game, 2-3. "Even though we lost, we still proved that we are good and can keep up with stronger teams," said senior captain AJ

Hurwitz. "They have been state champs for a long time and we kept them on their toes and made them play hard for every ball." The team used the positive play against the Coyotes in order to build up good momentum for their game against Poolesville.

The boys are hoping that their victory against the Poolesville High School Falcons

will be the start of a winning streak for the team. Their next game will be a challenge against the Wootton High School Patriots on October 18. "Hopefully our first win will be the start of many more to come," added senior captain Cheick Keita. "This is the team we are supposed to be and we will continue to prove ourselves."



Girls soccer breaks record during rebuilding season

By **JOEY FIERSTEIN**
Sports Managing Editor

This season the Quince Orchard High School girls soccer team looks to do something that they have not had to do in recent memory: find a star player who can take over games.

In recent years, the team has had plenty of talent, and a star player seemed to be emerging in the form of senior center forward Shannon Dwyer. Unfortunately, during a four to one victory over Rockville High School, Dwyer slipped and fell on a drain pipe and suffered a laceration of her knee that required 14 stitches. She is hoping for a comeback on October 11. Until then she knows that the girls will continue to work hard and hopefully pick up a few wins along the way. "I think we are equal to the top half of the teams in the county," said Dwyer, "and hopefully we can get back to what QO soccer is all about."

Senior Sami Slonim thinks that the team is very close to hitting its stride. "We lost eight starters," said Slonim. "We are all still figuring out how everyone plays, but I think we are getting the hang of it though!" In particular, Slonim was very pleased with the improvement of junior Jessica Koneke, who scored four goals against Rockville and has a total of six so far this season. "Four goals in one game, that is ridiculous," added Slonim.

"I knew there was a possibility of starting off 0-3 with a young squad, but if they stay positive through this tough schedule, it will service us in the long run," said Coach Peg Keiller. After dropping their first three matches of the season, the Lady Cougars have responded with back to back wins over Rockville and Clarksburg High Schools. On October 18 the girls will be challenged by the Wootton High School Patriots. The team is hoping that a win over Wootton will bring them motivation and confidence for the rest of the season. The girls' final game of the season is against Northwest High School at the Cougar Dome on October 26.



PHOTO BY TEDDY MEYERS

GO FOR GOAL: The girls soccer team prepares for an opportunity to score against Clarksburg High School.

Golf team looks to be above par in the playoffs

By **TEDDY MEYERS**
Sports Editor

Golf at Quince Orchard High School began the new season in a more difficult division with a new coach, but still hopes to be a contender for the division championship. After the team lost Coach Jeff Simms to a battle with cancer last year, there was a question as to who would become the new coach.

Coming into the new school year and golf season, Quince Orchard High School physics teacher Jacob Jefferis stepped into the role as head coach. According to coach

Jefferis, he has been playing golf since he was young and he said the reason he became the coach was because he "wanted to help the kids with their golf game and to help them understand discipline".

The team also faces a challenge with only three returning players. Evan Hughes and Ben Kelly return this year as the two captains along with junior Connor Fellows. Hughes said, "Just giving morale boosters", helps to keep the team positive and winning matches.

Quince Orchard golf took down one of their biggest opponents of the season the other

week by tying with Churchill High School. Coach Jefferis considered the biggest match of the season to be on September 22, when the team faced the three teams ranked at the top of the Yachmetz division. The Cougars defeated number three Bethesda-Chevy Chase High School by eight points and tied with number one Churchill High School with a score of 205, while only losing to number two Damascus High School by six points. Jefferis went on to talk about the team's chances at the division title. He said the team "probably [does] not [have a shot] this year because of moving up a division".

The focus for the younger players right now is the rest of the season and the next couple of years they have left on the team. The only freshman on the team, Michael Bushman, said, "Great encouragement and sportsmanship," help the team to win more matches. For all the younger players, this season is about enthusiasm, sportsmanship, and practice for next year.

The Quince Orchard golf team has an upcoming match on October 15 and hopes to have their success in that match carry over to the Montgomery County Championship.



PHOTO BY AMY CORSON

PUMPED UP: Senior Jordan Filderman takes to the mike at the Fall Sport Pep Rally, and encourages the Red Army to come watch some golf matches.



Here's what some Quince Orchard athletes think...

<i>The Prowler asked...</i>	 SHANNON WAGNER	 MICHAEL CHIANG	 MADDY KING	 JUSTIN DO	 TIA MANCUSO	 EVAN HUGHES	 ALLIE SOLOMON
What's your favorite fall activity?	Dance lessons from Mr. Nelson.	Fantasy Football	Hittin up DA BANGERZ	Frying kids in ping pong.	Football games	Hangin' with Gillian.	Jumping in a pile of leaves with my sister Rachel.
What's your favorite fall fashion?	Leggings, I love skin tight clothes that cut off my circulation.	UGGS and leggings... Whaddup?	Taylor Corydons spandex as pants	Coca-Cola t-shirt, sweatpants and scuffed Jordans	BOOTS!	What ever Gillian Danick wears	A bikini with UGGS.
What is your favorite season?	Is Saturday night a season?	FOOTBALL SEASON	Laxer season	Tennis season	Winter, I am cold-hearted.	GOLF SEASON and Gillian	Summer, so I can stare at Amirali's bod.
What are you wearing on Halloween?	An Alex Bauer mask, I want to scare children.	The question is, what are the females wearing?	An unborn fetus.	Smoothie King costume	Dallas Cowboy Cheerleading Outfit.	Tiger Woods. Anyone want to be Elin?	My birthday suit
Who is your dream homecoming date?	Tony the Tiger. He's big, strong and I can tell him my secrets.	Marty Heyn	Jason Fisher so he can spill a drink on me again.	Claudia Renehan	Dane Cook	Jeff Kurkjian, sorry ladies...	Julie Neveleff
What is your favorite movie?	I'm waiting for an unrated movie about Jensen.	<i>How to Train Your Dragon</i> in 3-D	<i>The Book of Eli</i>	<i>The Last Samurai</i> starring... Mr. Wu.	<i>Take Him to the Greek</i>	<i>Jackass 3D</i>	<i>Easy A</i>
What are you most excited about this fall?	Getting an extra hour of sleep!	I can't think of anything funny to say for this.	Seeing all the stink bugs die.	<i>The Last Samurai</i> starring... Mr. Wu	Hiding in leaf piles.	Catching leaves as they fall.	Being able to collect different types and colors of leaves for my leaf collection.
What do you do in your free time?	I self reenact all of the <i>Glee</i> episodes.	Play Fishville.	Nothing. I have to be in bed by 7:30.	Study my SAT flashcards	I support Beverly in all her endeavors.	Collecting masking tape and pocket lint.	I go home and play Fishville.
How is this school year different from last school year?	I can't date 3/4th of the guys without being a Cougar.	No assignment books! :(It's more fun now that I am on top.	QO Soccer has a win.	SENIORR! :)	I have senioritis this year, which I contracted over the summer.	Spencer finally cut his "flow".

Field hockey shoots for yet another sensational playoff run

By AARON PAUL

Sports Associate

Field hockey at Quince Orchard High School is off to an undefeated start and is looking to capitalize on a strong group of seniors to lead the team to another QOHS state championship.

Senior Alex Kofsky recognizes the extra pressures of being a senior and hopes her four years of hard work and dedication to the team can pay off. "This year we have a lot more seniors, compared to just two from last year. Because there are more of us seniors, there's great leadership and motivation to win states as it's most of our last year to play at Quince Orchard," said Kofsky.

This sentiment is echoed by Coach Laura Williams, who played four years of college field hockey herself. "My goals for [the season] are to capitalize on our strong group of juniors and seniors to lead this team to victory and to share my passion for the sport [with my team]," said Williams.

The rest of the team also has high expectations and some even have hopes of an undefeated season. "We as a team have set our goals very high this year because we know that we are capable of accomplishing them. I definitely want to have an undefeated season and everyone's main objective is to win states! I really think that if we work hard, we can do great things this year," said senior Leah Hunsinger.

In order to achieve some of their lofty goals, the field hockey team hopes for a supportive crowd at every home game. "The crowd helps us by cheering; it builds our adrenaline and makes us play better," said junior Jessica Brown.

In addition to the on-the-field results, the girls are also learning important lessons off the field. Hunsinger added, "I have learned to be absolutely committed to something that I love, and to work well with others because field hockey is a team sport."

Through three games, the girls are an undefeated 3-0. Most recently they played Seneca Valley High School on September 25 and came away with a triumphant 12-0 victory.

The field hockey team faced Springbrook High School



PHOTOS BY GILLIAN DANICK

LINING UP: Leah Hunsinger, Emily Wingate and Alexa Ritchie line up for a free hit (above). Maddy King (right) dribbles ball down field looking for a teammate.



at home on September 15 and was victorious, winning 2-0.

The varsity girls opened up their season at Blake High School against the Bengals and won a close one, 3-2.



Cross country team keeps up its reputation

By **JOEY FIERSTEIN**
Sports Managing Editor

Don't look now, but this year's Quince Orchard High School cross country team could bring home some hardware. They have been a pleasant surprise in the county and look to shock more competition as the season progresses.

"We have definitely surprised other teams in the county so far, and we are looking forward to upsetting more major competition," said senior captain Conor Spaulding. Spaulding, along with fellow senior Drew Lehner and junior Evan Laratta form a very formidable top three. Each runner finished in the top 20 in the Bull Run Invitational at Hereford High School in Baltimore, helping the team place fourth out of 19 teams. Spaulding knows that the team can continue to improve as long as the guys stick together and realize their potential. "We have the right guys to do something great this season and we just need to realize it together." The team knows that the top two teams in the county have separated themselves from the rest of the teams, but Spaulding believes the battle for third is just as interesting. "We definitely want to defeat Sherwood," adds Spaulding.

"The girls have a real shot at winning the Region," said Coach Pelkey excitedly. He believes that the leadership of senior Shannon Wagner and sophomore Catherine Panasenkov are helping the younger runners on the team. "They are both picking up where they left off last year and have established themselves in the top 10 to 15 percent of the county," said Pelkey.

Wagner sees things similarly. "Our first through third is pretty strong right now but our fourth and fifth are on their way up soon." The outlook for the team looks to be very exciting.

The team is excited for their next meet at the MCPS Championship Meet at Gaithersburg High School on October 23.



PHOTO BY TEDDY MEYERS

RUNNING WITH THE BULLS: Senior captain Shannon Wagner runs alongside sophomore Catherine Panasenkov in the 5k at the Bull Run Invitational at Hereford High School.

Volleyball ladies prove to be top competitors

By **GILLIAN ERDRICH**
Sports Editor

Five games into their season, the Quince Orchard High School girls volleyball has an undefeated record. Feeling confident and certain of their abilities, the team aims to continue their success.

Their success did not come without sacrifice as the girls were working hard all summer. "I played on a summer league with some of the girls on the team," said senior Tia Mancuso. "We have worked hard at learning to work together as a team," said junior Maggie McCaughey. Before the team was able to play and practice together seamlessly they had to "learn each other's strengths and tendencies," added McCaughey.

Third year coach Stacy Bureau agrees with McCaughey. Bureau said "having as much intensity at the beginning of the match as we do at the end" is one thing the team needs to improve on.

Bureau said losing a majority of their games last season "crushed the team." Bureau added that those losses "fuel the fire to go out and win."

QO traveled to Poolesville High School to play the Falcons on September 28. The game resulted



PHOTO BY GILLIAN DANICK

BUMP, SET, SPIKE!: Senior captain Cristina Garcia assists her teammates in order to get a kill.

in a 3-0 loss for the Cougars. On September 24, the Watkins Mill High School Wolverines came to QO for the Cougars fifth game of the season; the girls shut out the Wolverines with a final score of 3-0. QO beat Einstein High School on September 22; QO won with a final score of 3-0. The girls played the Wootton High School Patriots at home on September 15. The

Lady Cougars beat the Patriots in four games making the final score, 3-1. The girls then traveled to the Bethesda-Chevy Chase High School Barrons for their second game on September 10 which had a final score of 3-0. For the opener to their season on September 3, the Richard Montgomery High School Rockets came to QO and put up a tough fight. However,

QO came out on top with a final score of 3-2.

The team plays the Blair High School Blazers tonight in the Cougar Dome at 6:30 for their annual "Dig Pink" game. The game raises breast cancer awareness and money for breast cancer research.

Kurkjian's Kolumn



By **JEFF KURKJIAN**
Editor-In-Chief

"The Swarm" of Damascus High School Hornets landed at Quince Orchard High School's Cougar Dome for the biggest garbage game in my Red Army career. By garbage, I mean it was by far the most trash-talked game I have ever witnessed. Facebook was the main dumpster for all of the trash that was being thrown around. An event that was posted by Damascus' student government president, Michael Hagan, most likely only intended for Damascus students to attend, was quickly joined by Quince Orchard.

Over five-hundred entries were logged by both QO and Damascus students and that does not include commentary on each wall post. Comments on some of these walls seemed to go on forever, containing over fifty extra comments. Yes, I contributed one of those many comments, but mine was very benign in comparison to some of the other ones. The profanity and rude remarks seemed to overwhelm the page. As I was perusing the wall posts one rainy afternoon, I saw that many QO parents wrote on the wall something like, "Go Cougars!" followed by a rather rude comment from a Damascus student.

The group was deleted before the game was even played due to unsportsmanlike conduct. (Usually that only results in a fifteen yard penalty, but this time it ended the entire event.) Everyone at the two schools knows the result of the game and I believe that the loss we suffered would have most likely been a lot easier on us Cougars if there had not been so much trash talking.

Facebook has become religion for many high school students—there is even a movie out about the creation of Facebook. That is how big it has become. It is many students' main source of communication and, as I found out a few weeks ago, some students' main source of loud-mouthing. Even the smallest amount of litter tossed out between schools just adds more to the dumpster. After a long night of tears for our football team, the Red Army seniors and I are waiting to see Damascus in the playoffs. No more trash talking, just football playing! We don't need an army to save us, Damascus. We ARE the army: The Red Army. See you in the playoffs.

Junior varsity Cougar athletes prove themselves ear-

By **GILLIAN ERDRICH**
Sports Editor

Players may be shorter in stature, but talent is one thing that Quince Orchard's junior varsity teams are not lacking. Teams have proven to be successful as sophomores

help lead the way to victory.

Entering the season with a confident attitude, Coach Caitlin Ulmer, has certainly exceeded her own expectations. JV field hockey's record, four games into the season, stands at an excellent 4-0. The team beat Blake High School, Springbrook High School,

and Clarksburg High School. "We have an incredible amount of talent," said Ulmer. Continuing their undefeated streak, QO shut out Seneca Valley at the Cougar Dome with a final score of 8-0.

JV boy's soccer started off the season with two tied games and one win. They don't have much

to complain about. Their first game was against Bethesda-Chevy Chase High School and the result 2-2 tie. The following week at Urbana, QO tied again with a final score of 1-1. Rockville came to the Cougar Dome for game three and QO came out on top with a final score of 2-0. "Our players all

know the vision we have for our team," said Coach Michael Dogget.

To kick off the season, JV girl's soccer played Urbana HS at home and suffered an upsetting loss with a final score of 0-3. QO then traveled to Rockville and turned their season around with a final winning score of 4-1. For week three, QO beat Clarksburg for a win with a final score of 2-1 in overtime.

JV volleyball has had a rocky start to their season as they lost both their second and first games. For week one, QO played against Richard Montgomery HS with a final score of 0-2. The following week at B-CC, QO suffered its second loss with a score of 0-2. "Opening games are always our toughest," said Coach Angela Giuffreda. For week three QO traveled to Wootton with a final winning score of 2-1. QO hosted Einstein for their fourth game and won with a final score of 2-0, hopefully setting the tone for the rest of the season.

Though it may not come as a surprise, JV football has a perfect record so far this season. Coach Paul Foringer's program has enabled his team to defeat Damascus, Whitman, and Northwest. The Damascus game was a close one with a final score of 21-20. The following week had a winning score of 14-6 when QO hosted



PHOTO BY TEDDY MEYERS

HAND OFF: Freshmen quarterback Mikey Murtaugh passes off the ball to his teammate in a close game against the Clarksburg High School Coyotes.

Girls tennis starts off the season with a strong winning streak

By **TEDDY MEYERS**
Sports Editor

Girls tennis for Quince Orchard High School got off to a slow start, but is hoping to turn the season around. The new season brought with it a new coach for the QOHS girls tennis team.

Coach Daniel Whitlow II comes from Gaithersburg Middle School and makes every effort to improve the team. Whitlow admits he is focusing on improving the team by "taking a little feedback of what the girls want to work on." He follows that

up with feedback on what he believes they need to work on.

Co-Captains senior Dorsa Afsharjavan and Senior Rathi Vinod have both been four-year players at Quince Orchard. However, this year they have really noticed some of the girls making an effort to improve. Vinod said, "Sophomore Angela Kuriacose was third doubles last year, but worked hard over the summer, and has stepped up to our singles #2 position!" Afsharjavan said, "We have a freshman [Jasmin Chang] who's playing singles."

The most important match of the season so far, according

to Whitlow, was the match between Quince Orchard and Magruder High School. Whitlow said, "Because we had been on a four game losing streak and that was a divisional match that we needed really bad." This match occurred on September 22 and the girls won the match 7-0. Before that match, the Cougars had lost to Wotton High School 7-0, Poolesville High School 6-1, Damascus High School 6-1, and Gaithersburg High School 6-1. The team had won their first two matches against Seneca Valley High School 7-0 and Clarksburg High School 5-2.

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ATHLETES OF THE MONTH

Football



Alex Twine

Senior Alex Twine has been a crucial part of the team's success on their way to the playoffs. He's been the leader of the defense and he's one of the teams leaders in tackles.

Girls Soccer



Jessica Konecke

Junior Jessica Konecke leads the team in scoring with five goals, and set a school record for goals in a game with four goals against Rockville High School on September 20.

Good luck on the rest of your seasons, Cougars! From, *The Prowler* Sports Staff

Girls Volleyball



Tia Mancuso

Senior captain Tia Mancuso has been playing volleyball since the seventh grade as an outside hitter. She is a four year varsity player and is a great source of information for the other players.

Golf



Evan Hughes

Senior Evan Hughes has an excellent ability to lead his team through a tough season. He shoots in the high 30's consistently and takes the time to help all teammates get better.

Field Hockey



Jessica Brown

Junior Jessica Brown has stepped up enormously for varsity field hockey this year. She is an instrumental part of the team and a huge piece of the team's undefeated start.

Girls Tennis



Angela Kuriacose

Sophomore Angela Kuriacose hasn't missed a practice since day one. She has a steady hold on the #2 singles spot and has been a consistent performer at that spot.

Poms



Jessica Matalon

Sophomore Jessica Matalon has worked extremely hard between seasons. She's improved in technique, attitude, and drive. She works hard and it shows.

Boys Cross Country



Conor Spaulding

Senior Conor Spaulding came in third in the 5k at the Peter Geraghty Invitational. As captain of the boys team, Connor does his best to help others improve.

Girls Cross Country



Shannon Wagner

Senior Shannon Wagner is a captain of girls cross country. She leads by example, as with her third place finish in the 5k when QO raced Richard Montgomery.

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